

RALLY CAFE

May 2026

Cascade Middle School

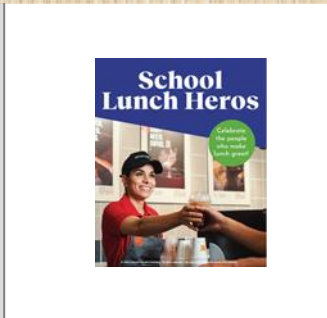
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



BREAKFAST
Cinnamon Chip Scone **1**

LUNCH:
Entree: Manager's Choice
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Cheesy Romaine Salad w/ Roll
Express: Turkey & Cheese Sub

Tater Tots, Cucumber Slices, Peaches, Strawberries, Fruit Juice

BREAKFAST
Sausage Pancake Wrap **4**

LUNCH:
Entree: Fish Sandwich
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Popcorn Chicken Salad & Roll
Express: Ham & Cheese Sub

Au gratin Potatoes, Baby Carrots, Mixed Fruit, Orange Wedges, Grape Juice

BREAKFAST
Cheesy Egg Biscuit **5**

LUNCH:
Entree: Chicken Nuggets & Chili Cheese Flatbread
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Popcorn Chicken Salad & Roll
Express: Muffin, Yogurt & Cheese Pack

Roasted Carrots, Fresh Broccoli, Pears, Fresh Banana, Apple Juice

BREAKFAST
Apple Frudel **6**

LUNCH:
Entree: Nacho Cheese Walking Taco
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Popcorn Chicken Salad & Roll
Express: Ham & Cheese Sub

Refried Beans, Cucumber Slices, Apple Wedges, Blueberries, Fruit Juice

BREAKFAST
Sausage Biscuit **7**

LUNCH:
Entree: Manager's Choice
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Popcorn Chicken Salad & Roll
Express: Muffin, Yogurt, Cheese pack

Golden Corn, Celery Sticks, Applesauce, Craisins, Apple Juice

BREAKFAST
Breakfast Pizza **8**

LUNCH:
Entree: Buzzer Beater Basket w/ Breadstick
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Popcorn Chicken Salad & Roll
Express: Ham & Cheese Sub

Steamed Broccoli, Red Pepper strips, Peaches, Strawberries, Fruit Juice

BREAKFAST
Sausage & Cheese Biscuit **11**

LUNCH:
Entree: Bosco Sticks
Daily: Chicken sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Cheesy Romaine & Roll
Express: Cereal, Yogurt & Cheese Pack

Baked Beans, Baby Carrots, Mixed Fruit, Fresh Orange, Grape Juice

BREAKFAST
Sausage Breakfast Pizza **13**

LUNCH:
Entree: Bruschetta Chicken Focaccia
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Cheesy Tossed Salad & Roll
Express: Ham & Cheese Sub

Potato Smiles, Cucumber Slices, Pears, Fresh Banana, Apple Juice

BREAKFAST
Cheesy Egg Biscuit **13**

LUNCH:
Entree: Oriental Orange Popcorn Chicken & Rice
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Cheesy Romaine & Roll
Express: Cereal, Yogurt & Cheese Pack

Glazed Carrots, Celery Sticks, Blueberries, Apple Wedges, Fruit Juice

BREAKFAST
Sausage Pancake Wrap **14**

LUNCH:
Entree: French Toast Sticks with Sausage Patties
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Cheesy Romaine & Roll
Express: Ham & Cheese Sub

Tater Tots, Fresh Broccoli, Applesauce, Craisins, Apple Juice

BREAKFAST
Cheese Bosco Stick **15**

LUNCH:
Manager's Choice
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Cheesy Romaine & Roll
Express: Cereal, Yogurt & Cheese Pack

Steamed Broccoli, Red Pepper Strips, Peaches, Strawberries, Fruit Juice

BREAKFAST
Manager's Choice **18**

LUNCH:
Entree: Mini Corn Dogs w/ Macaroni & Cheese
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Popcorn Chicken Salad & Roll
Express: Ham & Cheese Sub

French Fries, Baby Carrots, Mixed Fruit, Orange Wedges, Grape Juice

BREAKFAST
Manager's Choice **19**

LUNCH:
Entree: BBQ Chicken Pizza
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Popcorn Chicken Salad & Roll
Express: Apple Slices, Yogurt & Cheese Pack

Refried Beans, Fresh Broccoli, Pears, Fresh Banana, Apple Juice

BREAKFAST
Manager's Choice **20**

LUNCH:
Manager's Choice
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Popcorn Chicken Salad & Roll
Express: Ham & Cheese Sub

Seasoned Peas, Red Pepper Strips, Blueberries, Apple Wedges, Fruit Juice

BREAKFAST
Manager's Choice **21**

LUNCH:
Entree: Popcorn Chicken Bowl & Roll
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Popcorn Chicken Salad & Roll
Express: Apple Slices, Yogurt & Cheese Pack

Golden Corn, Cucumber Slices, Applesauce, Raisins, Apple Juice

BREAKFAST
Manager's Choice **22**

LUNCH:
Manager's Choice
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ
Salad: Popcorn Chicken Salad & Roll
Express: Ham & Cheese Sub

Green Beans, Celery Sticks, Peaches, Strawberries, Fruit Juice

25

HAPPY MEMORIAL DAY

26

BREAKFAST
Manager's Choice

LUNCH:
Entree: Manager's Choice
Daily: Chicken Sandwich, Cheeseburger, Spicy Chicken Sandwich, Nachos, PBJ

Fruits & Vegetables

27

BREAKFAST
Manager's Choice

Lunch Provided by CMS PTO

28

SUMMER BREAK IS HERE!

29